

U SPORTS XC Championships  
Victoria, BC, Canada  
11/12/2017

Results by racedaytiming.ca  
email any questions/concerns to info@racedaytiming.ca

10K Men's Overall Results

Place	TmPl	No.	Name	Time	Pace	School
1	1	251	Yves Sikubwabo	31:14.54	3:08	Universite Laval
2	2	276	Connor Black	31:18.15	3:08	University of Guelph
3	3	342	Ben Carson	31:32.46	3:10	Western University
4	4	267	Russell Pennock	31:36.35	3:10	University of Calgary
5	5	269	Alexander James	31:37.41	3:10	University of Calgary
6	6	252	Dany Racine	31:40.32	3:11	Universite Laval
7	7	222	Eric Wynands	31:42.25	3:11	Queen's University
8	8	214	Sergio Raez Villanueva	31:43.42	3:11	McMaster University
9	9	280	Mark Patton	31:44.23	3:11	University of Guelph
10		233	Angus Rawling	31:45.21	3:11	St. Francis Xavier
11	10	326	Shawn Master	31:48.57	3:11	University of Windsor
12	11	245	Declan White	31:50.24	3:12	Trinity Western University
13	12	324	Andrew Nebel	31:50.66	3:12	University of Windsor
14	13	268	Stefan Daniel	31:51.67	3:12	University of Calgary
15	14	281	Andrew Shepherd	31:56.37	3:12	University of Guelph
16	15	283	Benjamin Workman	31:57.77	3:12	University of Guelph
17	16	254	Jean-Simon Desgagnes	31:59.70	3:12	Universite Laval
18	17	277	Braydon Clarke	31:59.93	3:12	University of Guelph
19	18	216	Joshua McGillivray	32:00.27	3:13	McMaster University
20	19	215	Max Turek	32:00.37	3:13	McMaster University
21	20	310	Brandon Vail	32:01.79	3:13	University of Victoria
22	21	213	Jeffrey Tweedle	32:03.34	3:13	McMaster University
23	22	294	Adam Strueby	32:03.42	3:13	University of Regina
24	23	243	Caleb De Jong	32:03.71	3:13	Trinity Western University
25	24	218	Jonathan Favero	32:04.74	3:13	McMaster University
26	25	312	Benjamin Weir	32:05.51	3:13	University of Victoria
27	26	271	Eric Lutz	32:05.55	3:13	University of Calgary
28		234	Alex Neuffer	32:08.30	3:13	St. Francis Xavier
29	27	325	Joe Kagumba	32:09.73	3:13	University of Windsor
30	28	270	Ryan Grieco	32:10.61	3:14	University of Calgary
31	29	201	Cal Dewolfe	32:11.35	3:14	Dalhousie University
32	30	253	Nicolas Morin	32:11.72	3:14	Universite Laval
33	31	301	Robert Lawand	32:12.09	3:14	University of Toronto
34	32	223	Mark Schmidt	32:14.60	3:14	Queen's University
35	33	224	Rob Kanko	32:15.61	3:14	Queen's University
36	34	257	Keven Bedard	32:15.94	3:14	Universite Laval
37	35	221	Alex Wilkie	32:16.76	3:14	Queen's University
38	36	311	Joshua Kozelj	32:18.07	3:14	University of Victoria
39		293	Lee Wesselius	32:18.37	3:14	University of PEI
40	37	282	Mitchell Ubene	32:19.50	3:14	University of Guelph
41		211	Francois Jarry	32:20.80	3:15	McGill University
42	38	225	Brett Crowley	32:21.39	3:15	Queen's University
43	39	295	Alexander Eiswerth	32:22.25	3:15	University of Regina
44	40	261	Kieran McDonald	32:23.02	3:15	University of Alberta
45		200	Jelmer Van Den Hadelkamp	32:24.44	3:15	Brock University
46	41	296	Marc Turmel	32:25.49	3:15	University of Regina
47		229	Andrew Peverill	32:27.30	3:15	Saint Mary's University
48	42	246	Levi Neufeld	32:29.74	3:15	Trinity Western University
49	43	309	Derrick Evans	32:32.44	3:16	University of Victoria
50	44	272	Evan Yarmuch	32:33.65	3:16	University of Calgary

51	45	332	Arthur Deloignon	32:33.81	3:16	Universite de Montreal
52	46	247	James Lam	32:34.94	3:16	Trinity Western University
53	47	258	Patrick Rouleau	32:35.71	3:16	Universite Laval
54	48	226	Mitchell Kirby	32:36.60	3:16	Queen's University
55	49	284	Abduselam Yussuf	32:37.16	3:16	University of Manitoba
56	50	279	Joshua Kellier	32:38.68	3:16	University of Guelph
57	51	308	Jonathan Toombs	32:38.90	3:16	University of Victoria
58	52	262	Royden Radowits	32:40.40	3:17	University of Alberta
59	53	217	Patrick Deane	32:40.96	3:17	McMaster University
60	54	333	Kevin Robertson	32:47.73	3:17	Universite de Montreal
61	55	248	Tyler De Jong	32:49.71	3:17	Trinity Western University
62	56	219	John Christian MacGillivray	32:50.98	3:18	McMaster University
63		235	Paul MacLellan	32:54.68	3:18	St. Francis Xavier
64	57	327	Michael Pesce	32:56.95	3:18	University of Windsor
65	58	328	Nick D'Alessandro	33:03.55	3:19	University of Windsor
66	59	285	Daniel Heschuk	33:05.98	3:19	University of Manitoba
67	60	227	Joey Stel	33:07.54	3:19	Queen's University
68	61	331	Miles Matthews	33:14.93	3:20	University of Windsor
69	62	348	Joe Sheridan	33:18.00	3:20	Wilfrid Laurier University
70		339	Maxime Lopes	33:19.64	3:20	UQAM
71	63	313	Angus Brown	33:21.33	3:21	University of Victoria
72	64	297	Matthew Johnson	33:23.33	3:21	University of Regina
73	65	273	Greg Ord	33:23.55	3:21	University of Calgary
74	66	343	Jack Sheffar	33:24.25	3:21	Western University
75		340	Marc-Antoine Senneville	33:24.60	3:21	UQTR
76	67	304	Zach Frangos	33:25.22	3:21	University of Toronto
77	68	263	Mark Lawley	33:26.82	3:21	University of Alberta
78	69	206	Callum Drever	33:27.08	3:21	Dalhousie University
79	70	249	Adam Marshall	33:27.67	3:21	Trinity Western University
80	71	314	Matthew Noseworthy	33:30.10	3:22	University of Victoria
81		291	Alex Berhe	33:33.87	3:22	University of Ottawa
82	72	345	Carter Wood	33:35.10	3:22	Western University
83	73	287	Simon Berube	33:41.07	3:23	University of Manitoba
84		292	Ziyad El-Hankouri	33:42.17	3:23	University of Ottawa
85	74	298	Gregory Hetterley	33:45.59	3:23	University of Regina
86	75	303	Jesse Chen	33:46.38	3:23	University of Toronto
87	76	203	Will Russell	33:49.96	3:23	Dalhousie University
88		212	Santiago Bessai	33:50.18	3:24	McGill University
89	77	202	Graeme Wach	33:53.56	3:24	Dalhousie University
90	78	330	Jacob Rothera	33:53.83	3:24	University of Windsor
91	79	302	Samuel Kinahan	33:54.69	3:24	University of Toronto
92		341	Nicolas Gilbert	33:55.10	3:24	UQTR
93	80	318	Alex Hoerner	33:56.20	3:24	University of Waterloo
94	81	288	Patrique Bulloch	33:57.82	3:24	University of Manitoba
95	82	289	Deric Kornelson	33:57.99	3:24	University of Manitoba
96	83	305	Nick Wood	34:00.26	3:25	University of Toronto
97	84	347	Thomas De Vries	34:02.22	3:25	Western University
98	85	264	Riley Stuermer	34:02.62	3:25	University of Alberta
99	86	349	Dan Hilbers	34:03.45	3:25	Wilfrid Laurier University
100		210	Aaron Boyle	34:03.74	3:25	MacEwan University
101	87	350	Sandy Freeland	34:04.60	3:25	Wilfrid Laurier University
102	88	286	Mathieu Desmarais	34:05.93	3:25	University of Manitoba
103		209	Scott Kohlman	34:08.76	3:25	MacEwan University
104	89	205	James Cromack	34:09.29	3:25	Dalhousie University
105	90	335	Pier-Luc Roy	34:21.60	3:27	Universite de Montreal
106	91	265	Luke Hanson	34:22.41	3:27	University of Alberta
107	92	346	Liam Donnelly	34:22.94	3:27	Western University
108	93	319	Felix Lawson	34:25.97	3:27	University of Waterloo
109	94	256	Samuel Poher	34:26.21	3:27	Universite Laval
110	95	320	Ryan Heney	34:27.23	3:27	University of Waterloo
111	96	352	Michael Charanduk	34:29.54	3:27	Wilfrid Laurier University
112		231	Charles Khazoom	34:29.83	3:27	Sherbrooke
113	97	204	Angus Macintosh	34:33.23	3:28	Dalhousie University

114	98	336	Louis Bastenier-Boutin	34:34.21	3:28	Universite de Montreal
115	99	207	Mike Rogers	34:36.74	3:28	Dalhousie University
116	100	306	Jake Carroll	34:42.65	3:29	University of Toronto
117	101	321	Ian O'Donnell	34:44.43	3:29	University of Waterloo
118		230	Jonathan Peverill	34:45.26	3:29	Saint Mary's University
119	102	351	Joseph Hardy	34:53.38	3:30	Wilfrid Laurier University
120	103	337	Olivier Cyr	34:56.85	3:30	Universite de Montreal
121		237	Tony Kiprop	35:03.66	3:31	Thompson Rivers University
122	104	344	Isaiah Frielink	35:03.96	3:31	Western University
123	105	300	Quinn Legare	35:06.23	3:31	University of Regina
124	106	307	Alexander Bimm	35:08.19	3:31	University of Toronto
125		236	Troy Morgan	35:13.12	3:32	Thompson Rivers University
126	107	266	Robert Chauvet	35:16.00	3:32	University of Alberta
127	108	322	Nick Bedi	35:22.46	3:33	University of Waterloo
128	109	354	Brendan Masters	35:25.94	3:33	Wilfrid Laurier University
129	110	334	Louis-Olivier Brassard	35:31.28	3:34	Universite de Montreal
130	111	290	Connor Boyd	35:31.69	3:34	University of Manitoba
131	112	323	Rhys Desmond	35:45.67	3:35	University of Waterloo
132	113	299	Alexander McBride	35:54.74	3:36	University of Regina
133		260	Bryan Thomas	36:04.82	3:37	Universite de Moncton
134		238	Conlan Sprickerhoff	36:20.31	3:39	Thompson Rivers University
135	114	250	Jordan Gin	36:37.21	3:40	Trinity Western University
136	115	338	Jean-Michel Robichaud	36:52.39	3:42	Universite de Montreal
137	116	317	Chris Moore	37:04.06	3:43	University of Waterloo
138		239	Nik Rampen	37:04.21	3:43	Thompson Rivers University
		208	Trent Lynds			Dalhousie University
		220	Dylan Alick			McMaster University
		228	Matt Flood			Queen's University
		244	Nickolas Colyn			Trinity Western University
		255	Antoine Thibeault			Universite Laval
		259	Gabriel Legault			Universite Laval
		274	Jonathan Guidinger			University of Calgary
		275	Tyler Kiyonaga			University of Calgary
		278	Mostafa Elkurdy			University of Guelph
		315	Alexander Nemethy			University of Victoria
		316	Thomas Oxland			University of Victoria
		329	Mitch Cauchi			University of Windsor
		355	Zach Savlov			Wilfrid Laurier University