



CAPITAL XC CHALLENGE 2017 RESULTS

JIM HOWE MEMORIAL RACE - MEN  
COMPLETE RESULTS ON SPORTSTATS.CA

Place	Points	Last Name	First Name	Affiliation / Schools	GunTime
1	65	Bedard	Keven	Laval	19:22.5
2		Lopes	Maxime	Uqam	19:28.1
3	65	Rouleau	Patrick	Laval	19:42.9
4	83	Briand	Jeremy	McGill	19:46.2
5		Cashin	David	Pembroke	19:49.0
6	68	Maxwell	Alexander	Carleton	19:51.0
7	69	Roberts	Nicholas	Ottawa	19:54.1
8	68	Spoerel-Connelly	Sebastian	Carleton	19:55.7
9	68	Saville	Sebastian	Carleton	20:00.1
10	101	Stensjo	Gustaf	Montreal	20:02.1
11		Archer	Jeff	Kingston	20:02.2
12		Dumoulin	Francis	Saint-Bruno	20:02.9
13		Pettigrew	John	Renfrew	20:03.5
14	69	El Hankouri	Ziyad	Ottawa	20:04.2
15	83	Marcelis	Tristan	McGill	20:08.5
16	69	Berhe	Alex	Ottawa	20:15.8
17	65	Audet	Nicolas	Laval	20:27.9
18		De Jong	Garrett	Ottawa Lions	20:28.3
19		Pedersen	Nico	Ottawa Lions	20:30.5
20	68	Ribi	Daniel	Carleton	20:33.4
21	83	Bernier	Simon	McGill	20:33.4
22	144	Crepeau	Marc-Antoine	Sherbrooke	20:33.9
23	65	Deschenes	Felix	Laval	20:39.4
24	130	Shinozuka	Rikigoro	Concordia	20:44.6
25		Saidla	Karl	Ottawa Nordiq	20:47.6
26	101	Cyr	Olivier	Montreal	20:48.2
27	101	Robichaud	Jean-Michel	Montreal	20:51.1
28	130	Parenteau	Christian	Concordia	20:51.5
29	69	Mitchell	Robbie	Ottawa	20:53.0
30	144	Ladouceur	Mathieu	Sherbrooke	20:53.0
31	69	MacDonell	Ryan	Ottawa	20:54.8
32	304	Ibbot	Sean	Trent	21:08.1
33	130	Gueguen	Malo	Concordia	21:12.3
34	83	Schutzberg	Hugo	McGill	21:12.3
35	101	Carriere	Bruno	Montreal	21:13.6
36	130	Grover	Marc	Concordia	21:13.6
37	101	Guerard	Olivier	Montreal	21:14.9



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38	83	Csisztu	Thomas	McGill	21:17.8
39	101	Chevalier	Corentin	Montreal	21:18.7
40	144	Rousseau-Emond	Vincent	Sherbrooke	21:18.8
41	83	Obrand	Jeremy	McGill	21:22.4
42		Trapeau	Lucas	Ottawa Lions	21:26.5
43	65	Deshaies	Nicolas	Laval	21:29.3
44	69	Westbrook	Gavin	Ottawa	21:35.1
45		Harris	Teagan	Ottawa Nordiq	21:39.4
46	144	Pinsonneault	Julien	Sherbrooke	21:44.3
47	69	McConnell	Graeme	Ottawa	21:51.4
48	68	Bruce	Liam	Carleton	21:52.7
49	144	Pilon-Robinson	Zachary	Sherbrooke	21:55.9
50	130	Daunoravicius	Benjamin	Concordia	22:01.1
51	65	Chenard	Guillaume	Laval	22:04.4
52	65	Pouliot-Richard	Felix	Laval	22:04.9
53	68	Bruce	James	Carleton	22:06.4
54	130	Soudin	Sheldon	Concordia	22:09.3
55	68	Dean	Ryan	Carleton	22:11.5
56	101	Couture	Jonathan	Montreal	22:13.3
57	101	Jean-Pierre	Adrien	Montreal	22:20.8
58	101	Harvey Richard	Charles-Etienne	Montreal	22:23.8
59	276	Nelson	Reid	Rmc	22:25.2
60	276	Desharnais	Philippe	Rmc	22:26.9
61		Kealey	Evan	Ottawa Nordiq	22:29.6
62		Clifford	Nicholas	Carleton Nordic	22:29.9
63	276	Juvonen	Andrew	Rmc	22:31.4
64	69	Mahalanobis	Neil	Ottawa	22:33.5
65	69	Santini	Julien	Ottawa	22:34.5
66	144	Bertrand	Guillaume	Sherbrooke	22:35.5
67	68	Hodgins	Seamus	Carleton	22:37.5
68	68	Gough	Travis	Carleton	22:39.6
69	68	Macdonell	Cameron	Carleton	22:40.6
70		Perry	Graham	Carleton Nordic	22:42.5
71	304	Horn	Mitch	Trent	22:48.4
72		Graham	Robert	Carleton Nordic	23:01.1
73	276	Moore	Michael	Rmc	23:02.2
74	69	Lorbetskie	Ken	Ottawa	23:03.6
75		Hudec	Jonah	Carleton Nordic	23:17.4



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76		Lindfors	John	Nakkertok Jd Team	23:17.9
77	69	Kim	Dean	Ottawa	23:27.5
78	68	Hill	Darrell	Carleton	23:33.9
79	130	Grover	Jacob	Concordia	23:38.0
80	130	Tremblay	Felix	Concordia	23:38.7
81	68	Macdonell	Keigan	Carleton	23:53.4
82		Moncion-Groulx	Nicolas	Nakkertok Jd Team	23:53.6
83		Lemieux	Nicolas	Uqac	24:01.6
84		Pierce	Ezra	Nakkertok Jd Team	24:17.8
85	130	Klein	Zachary	Concordia	24:22.1
86		Ward	Colin	Carleton Nordic	24:24.1
87		Jones	Kieran	Nakkertok Jd Team	24:24.2
88	276	Emerslund	Gordon	Rmc	24:34.2
89		Halfyard	Ross	St. Catharines	24:34.2
90	276	Rochat	Shanon	Rmc	24:55.4
91		Tullio	Aiden	Carleton Nordic	24:55.5
92		Gingras	Sebastien	Carleton Nordic	24:55.8
93		Fan	Jack	Ottawa Lions	25:00.8
94	276	Roots	Logan	Rmc	25:28.5
95		Pegrum	Scott		25:39.0
96		Ferguson	Michael	Ottawa Lions	25:43.6
97	69	Deek	Nicohlas	Ottawa	25:59.1
98		Cameron	John	Halifax	26:00.7
99		Timmermann	Caleb	Ottawa Nordiq	26:05.6
100		Desjardins	Marc	Ottawa Lions	26:12.8
101	276	Mills	Evan	Rmc	26:31.3
102	68	Kulkarni	Rohan	Carleton	26:35.9
103	304	Griffith	Cameron	Trent	26:47.6
104	304	West	Hayden	Trent	26:47.6
105	304	Melo	Matt	Trent	26:47.9
106		Calnan	Gregory	Run Ottawa	27:02.4
107		MacNeil	Eric	Carleton Nordic	27:08.5
108		Kenny	Kurt	City Of Ottawa	27:19.1
109		Basu	Ben	City Of Ottawa	27:40.2
110		Kowlessar	Dominique	City Of Ottawa	27:44.8
111		Albert	Joe	Lac-Des-Loups	27:49.7
112	68	Brosseau	Charles-Antoine	Carleton	28:38.5
113		Reid	George	Run Ottawa	28:42.0



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114		Balderson	Rick	Run Ottawa	29:12.1
115		Jackson	Michael	Barrie	29:26.1
116		O'Connell	Reamonn	City Of Ottawa	30:08.1
117		Rene	Christophe	Gatineau	30:20.4
118		Whipp	James	Run Ottawa	30:29.1
119		Truchon	Steven	City Of Ottawa	30:33.4
120		Real	Robert		30:41.3
121		Heintzman	Paul		30:49.9
122		Giles	Mike	City Of Ottawa	32:13.2
123		MacDonald	Rob	Carleton Nordic	32:29.5
124		McBride	Ron	City Of Ottawa	34:20.0
125		McCulloch	Bob	Run Ottawa	35:41.9
126		Rutherford	Hunter	Run Ottawa	35:52.0
127		Cohen	Howard		36:34.0
128		Day	Mike	City Of Ottawa	38:49.6
129		Walsh	Jim	Run Ottawa	45:30.6