

SIC Championnat de Cross-Country 2016

Race Date

November 12, 2016

Overall Finish List**Hommes/Men's 10k**

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>	<u>Pace</u>
1	Yves Sikubwabo	Universite Laval	1	M	30:51.0	3:05/K
2	Declan White	Trinity Western	195	M	30:56.0	3:06/K
3	Connor Darlington	McMaster University	322	M	30:57.9	3:06/K
4	Kevin Tree	Lakehead University	39	M	31:01.1	3:06/K
5	Antoine Thibeault	Universite Laval	4	M	31:06.7	3:07/K
6	Alexandre Ricard	Universite Laval	3	M	31:10.7	3:07/K
7	Corey Bellemore	University of Windsor	122	M	31:12.0	3:07/K
8	Joel De Schiffart	Trinity Western	194	M	31:15.9	3:08/K
9	Jack Sheffar	Western University	302	M	31:18.6	3:08/K
10	Jeff Tweedle	McMaster University	321	M	31:18.7	3:08/K
11	Christopher Balestrini	Western University	297	M	31:21.3	3:08/K
12	Ben Carson	Western University	298	M	31:21.3	3:08/K
13	Adam Strueby	University of Regina	190	M	31:22.0	3:08/K
14	Roman Justinen	University of Calgary	338	M	31:23.5	3:08/K
15	Shoayb Bascal	University of Victoria	220	M	31:26.8	3:09/K
16	Forrest Simpson	University of Victoria	223	M	31:28.0	3:09/K
17	Emmanuel Boisvert	Universite Laval	2	M	31:28.7	3:09/K
18	Alex Ullman	University of Windsor	123	M	31:32.6	3:09/K
19	Caleb DeJong	Trinity Western	196	M	31:34.4	3:09/K
20	Dany Racine	Universite Laval	6	M	31:35.9	3:10/K
21	Nick Colyn	Trinity Western	198	M	31:36.4	3:10/K
22	Kieran McDonald	University of Alberta	103	M	31:36.9	3:10/K
23	Calvin DeWolfe	St Francis Xavier	57	M	31:40.1	3:10/K
24	James Milton	University of Waterloo	150	M	31:41.7	3:10/K
25	Ryan Grieco	University of Calgary	339	M	31:42.3	3:10/K
26	Brayden Seneca	University of Guelph	272	M	31:43.0	3:10/K
27	Eric Wynands	Queens University	369	M	31:44.4	3:10/K
28	Muhumed Sirage	Western University	303	M	31:44.6	3:10/K
29	Andrew Nebel	University of Windsor	124	M	31:49.0	3:11/K
30	Mark Schmidt	Queens University	370	M	31:49.1	3:11/K
31	Alex Cyr	St Francis Xavier	55	M	31:51.7	3:11/K
32	Craig Klomp	University of Toronto	241	M	31:52.9	3:11/K
33	Gabriel Ghiglione	McMaster University	323	M	31:53.3	3:11/K
34	Ben Weir	University of Victoria	226	M	31:55.0	3:12/K
35	Benjamin Raymond	Universite Laval	5	M	32:02.0	3:12/K
36	Cole Peterson	University of Victoria	222	M	32:02.0	3:12/K
37	Igor Bougnot	Universite Laval	7	M	32:02.9	3:12/K
38	Sacha Smart	University of Toronto	240	M	32:03.9	3:12/K
39	Samuël Poher	University of Calgary	340	M	32:05.8	3:13/K
40	Daniel Heschuk	University of Manitoba	313	M	32:08.9	3:13/K
41	Rob Kanko	Queens University	372	M	32:10.7	3:13/K
42	Andrew Shepherd	University of Guelph	273	M	32:11.4	3:13/K
43	Evan Yarmuch	University of Calgary	341	M	32:13.8	3:13/K
44	Francois Jarry	McGill University	75	M	32:14.1	3:13/K
45	Millar Coveney	Queens University	371	M	32:15.0	3:14/K
46	Matt Sheeler	Western University	301	M	32:15.2	3:14/K
47	James Lam	Trinity Western	199	M	32:18.3	3:14/K

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48	Taylor McArthur	University of Windsor	127	M	32:19.0	3:14/K
49	Luke Charbonneau	McMaster University	326	M	32:19.7	3:14/K
50	Josh Dyck	University of Manitoba	310	M	32:20.1	3:14/K
51	Shane Roberts	Western University	300	M	32:20.3	3:14/K
52	Mitchell Ubene	University of Guelph	275	M	32:21.7	3:14/K
53	Santiago Bessai	McGill University	76	M	32:22.9	3:14/K
54	Robert Lawand	University of Toronto	242	M	32:26.4	3:15/K
55	Greg Ord	University of Calgary	343	M	32:26.9	3:15/K
56	Nick Kondrat	McMaster University	325	M	32:28.4	3:15/K
57	Mark Patton	University of Guelph	271	M	32:29.9	3:15/K
58	Shawn Master	University of Windsor	125	M	32:32.3	3:15/K
59	Jonathan Toombs	University of Victoria	225	M	32:35.0	3:16/K
60	Joey Stel	Queens University	374	M	32:35.0	3:16/K
61	J�r�mie Pellerin	University de Moncton	115	M	32:35.2	3:16/K
62	Alex Berhe	University of Ottawa	178	M	32:36.4	3:16/K
63	Scott Donald	St Francis Xavier	58	M	32:44.8	3:16/K
64	Angus MacIntosh	Dalhousie University	42	M	32:45.3	3:17/K
65	Jeremy Hick	University of Windsor	128	M	32:47.7	3:17/K
66	Benjamin Workman	University of Guelph	276	M	32:48.1	3:17/K
67	Jules Burnotte	Universit� de	167	M	32:50.0	3:17/K
68	Angus Rawling	St Francis Xavier	63	M	32:53.3	3:17/K
69	Thomas De Vries	Western University	299	M	32:54.5	3:17/K
70	Patrique Bulloch	University of Manitoba	309	M	33:00.2	3:18/K
71	Kevin Azocar	Queens University	375	M	33:00.8	3:18/K
72	Marc Turmel	University of Regina	191	M	33:02.2	3:18/K
73	Kyle Madden	University of Guelph	270	M	33:03.8	3:18/K
74	Paul MacLellan	St Francis Xavier	61	M	33:04.0	3:18/K
75	Emile Brassard	Universit� de	166	M	33:04.8	3:18/K
76	Noah Defreyne	University of Toronto	243	M	33:06.3	3:19/K
77	Christian (John MacGillivray	McMaster University	327	M	33:06.5	3:19/K
78	Joe Sheridan	Wilfrid Laurier	89	M	33:06.9	3:19/K
79	Paul Rochus	McMaster University	324	M	33:07.7	3:19/K
80	Cody Therrien	University of Victoria	224	M	33:14.0	3:19/K
81	Will Russell	Dalhousie University	40	M	33:16.9	3:20/K
82	Maxime Lopes	Universite Quebec A	37	M	33:17.2	3:20/K
83	Robert Bigsby	University of	257	M	33:18.8	3:20/K
84	Nick Favero	St Francis Xavier	59	M	33:18.9	3:20/K
85	William Clack	University of Calgary	342	M	33:20.7	3:20/K
86	Miles Matthews	University of Windsor	126	M	33:21.4	3:20/K
87	Timothy Miller	University of Manitoba	314	M	33:22.3	3:20/K
88	Jeffery Thornber	University of Guelph	274	M	33:25.0	3:21/K
89	Nicolas Roberts	University of Ottawa	179	M	33:26.8	3:21/K
90	Matt Johnson	University of Regina	192	M	33:29.2	3:21/K
91	Jonathan Guidinger	University of Calgary	344	M	33:30.1	3:21/K
92	Tyler DeJong	Trinity Western	200	M	33:31.1	3:21/K
93	Jake Wing	Dalhousie University	41	M	33:32.5	3:21/K
94	Chet Goerzon	University of Victoria	221	M	33:40.4	3:22/K

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95	Tristan Marcelis	McGill University	80	M	33:41.4	3:22/K
96	Connor Boyd	University of Manitoba	308	M	33:48.8	3:23/K
97	Louis-Olivier Brassard	Universite De	358	M	33:50.0	3:23/K
98	Kevin Bates	University of Ottawa	181	M	33:51.5	3:23/K
99	Nicolas Gilbert	UQTR	133	M	33:52.4	3:23/K
100	Ziyad El Hankouri	University of Ottawa	180	M	33:54.8	3:23/K
101	Jonathan Peverill	St Mary's	73	M	33:55.4	3:24/K
102	Daniel Fournier	University of Waterloo	152	M	33:56.9	3:24/K
103	Jared Welsh	University of	258	M	33:57.4	3:24/K
104	Callum Drever	Dalhousie University	43	M	33:57.6	3:24/K
105	Jeremy Briand	McGill University	77	M	33:59.7	3:24/K
106	Mathieu Ladouceur	Université de	169	M	34:01.6	3:24/K
107	Chris Moore	University of Waterloo	154	M	34:02.6	3:24/K
108	Dan Hilbers	Wilfrid Laurier	90	M	34:04.2	3:24/K
109	Louis Bastenier-Boutin	Universite De	357	M	34:07.1	3:25/K
110	Joel Perera-Satgunem	Ryerson University	146	M	34:09.3	3:25/K
111	Mike Rogers	Dalhousie University	45	M	34:11.3	3:25/K
112	Olivier Béland	Université de	165	M	34:13.1	3:25/K
113	Adam Marshall	Trinity Western	201	M	34:15.4	3:26/K
114	Mathieu Desmarais	University of Manitoba	311	M	34:15.7	3:26/K
115	Brendan Masters	Wilfrid Laurier	91	M	34:17.0	3:26/K
116	Scott Kohlman	MacEwan University	28	M	34:18.3	3:26/K
117	Rhys Desmond	University of Waterloo	155	M	34:20.0	3:26/K
118	Simon Bouthillier	UQTR	132	M	34:20.2	3:26/K
119	Bryan Thomas	University de Moncton	116	M	34:20.6	3:26/K
120	Adrian Tsang	University of Ottawa	185	M	34:21.1	3:26/K
121	Brendan Gemmell	Dalhousie University	46	M	34:24.2	3:26/K
122	Vincent Forest-Richard	UQTR	138	M	34:27.0	3:27/K
123	Gavin Hatheway	Queens University	373	M	34:30.5	3:27/K
124	Trent Lynds	Dalhousie University	44	M	34:30.8	3:27/K
125	Steve Vincent Farvacque	Universite De	359	M	34:31.7	3:27/K
126	Simon Berube	University of Manitoba	307	M	34:35.8	3:28/K
127	Alexander Bimm	University of Toronto	247	M	34:38.4	3:28/K
128	Jason Argouin	Université de	164	M	34:38.5	3:28/K
129	Nassim Bousmaha	University de Moncton	118	M	34:41.6	3:28/K
130	Marc-Antoine Crépeau	Université de	168	M	34:45.8	3:29/K
131	Christian Parenteau	Concordia University	216	M	34:49.6	3:29/K
132	Rémi Poitras	University de Moncton	117	M	34:50.8	3:29/K
133	Michael Konstantopoulos	Ryerson University	147	M	35:05.4	3:31/K
134	Tom Glassco	University of Ottawa	182	M	35:09.9	3:31/K
135	Adam Lehnors	MacEwan University	29	M	35:11.2	3:31/K
136	Ryan MacDonell	University of Ottawa	183	M	35:17.0	3:32/K
137	Mykola Niemtsev	Concordia University	215	M	35:20.7	3:32/K
138	Sebastian Saville	Carleton	188	M	35:22.1	3:32/K
139	Nick Bedi	University of Waterloo	156	M	35:29.5	3:33/K
140	Reid Balezantis	University of	259	M	35:32.8	3:33/K
141	Pier-Luc Roy	Universite De	360	M	35:34.2	3:33/K

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142	Brandon Toal	MacEwan University	31	M	35:34.8	3:33/K
143	Zach Savlov	Wilfrid Laurier	92	M	35:35.9	3:34/K
144	Benjamin Daunoravicius	Concordia University	213	M	35:37.0	3:34/K
145	Marc Grover	Concordia University	214	M	35:40.0	3:34/K
146	Shane Corley	University of Waterloo	153	M	35:42.9	3:34/K
147	Conlan Sprickerhoff	Thompson Rivers	266	M	35:47.6	3:35/K
148	Vincent Tremblay	UQTR	137	M	35:50.3	3:35/K
149	Zach Kader	Concordia University	212	M	36:01.7	3:36/K
150	Maximilien Moreau	UQTR	135	M	36:25.8	3:39/K
151	Malo Gueguen	Concordia University	211	M	36:28.6	3:39/K
152	Nathan Jeffrey	Wilfrid Laurier	95	M	36:31.5	3:39/K
153	Sam Kinahan	University of Toronto	246	M	36:35.1	3:40/K
154	Olivier Landry	UQTR	134	M	36:53.2	3:41/K
155	Jean-François Thivierge	Universite De	361	M	36:55.9	3:42/K
156	Tim Lytle	Wilfrid Laurier	94	M	36:59.4	3:42/K
157	Kyle Dong	MacEwan University	27	M	37:02.3	3:42/K
158	Natan Muacasso-Shour	Wilfrid Laurier	93	M	37:14.7	3:43/K
159	Paul Ramsay-Vejlens	Universite De	355	M	37:56.0	3:48/K
160	Adam Richardson	University of Waterloo	151	M	39:06.8	3:55/K
161	Timothy Hunting	Concordia University	210	M	40:30.4	4:03/K
162	Trekk Allan	MacEwan University	26	M	42:07.6	4:13/K